

What is Pain Management?

At Peace Diagnostic Imaging we use some of the latest pain management techniques and offer a variety of pain management options. With the help of guided fluoroscopy or ultrasound we treat persistent pain symptoms by injecting medications into the affected area. A small amount of either steroid and anaesthetic or dextrose is injected into precise locations using image guidance.

Patient Preparation

Please wear loose, comfortable, lightweight clothing ideally without any metal, snaps or zippers. This will help provide easy access to the area of concern. You may also be asked to put on a gown depending on the procedure.

Pain medication, with the exception of narcotics, should be discontinued at midnight, the evening prior to your injection.

Tell your Doctor if you have a latex or contrast (iodine) allergy, are on blood thinners, antibiotics or are diabetic.

If you are on blood thinners, you may need to discontinue them prior to your appointment.

You can not have an active infection, or be on treatment for an active infection 10 days prior to your injection.

Pain management injections should be performed at least 48 hours post vaccination or flu shot.

Bring a list of medications you are taking and any that you are allergic to.

Having a snack before your appointment is encouraged.

Please refrain from smoking prior to your exam.

What to Expect During your Exam?

Please arrive 30 minutes before your appointment time with your Health Care Card and Photo ID. Our receptionists will check you in.

One of our pain management technologists will go over your procedure with you, review your history, answer any questions you may have and complete a consent form for you to sign.

You will be taken to an exam room. You will be positioned on a diagnostic bed for the majority of the exams. You will be asked to lie on your back or your stomach (spines) depending on the procedure. You may also be asked to sit in a chair.

The Radiologist will be called into the room, take care of the proper documentation, and then, with image guidance, do the injection.

Once the procedure is complete you may be asked to wait for 15-30 min.

Spinal Procedures

A driver is required for all spine injections.

All spinal procedures are performed laying on your stomach, please notify the clinic if you cannot tolerate this position.

Avoid chewing gum, as this creates bowel gas, obscuring detail required for us to perform your procedure.

All epidural and selective nerve root blocks require a prior CT or MRI.

****If you are pregnant or there is a chance of pregnancy, the exam should be postponed until the start of menses. This is for all examinations (except ultrasound).****

Our facility is not able to provide child care, please make sure you arrange child care during your appointment time.

